

METAPHYSICS OF ASTRAL DYNAMICS, MENTAL FOCUS AND MEDITATION

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INTRODUCTION

- ◉ Metaphysics (or metascience), in author's sense, is a philosophy that uses science to derive the “meta-counterpart”
- ◉ This presentation mostly contains unverified postulations and theories

BRAIN AND DREAM

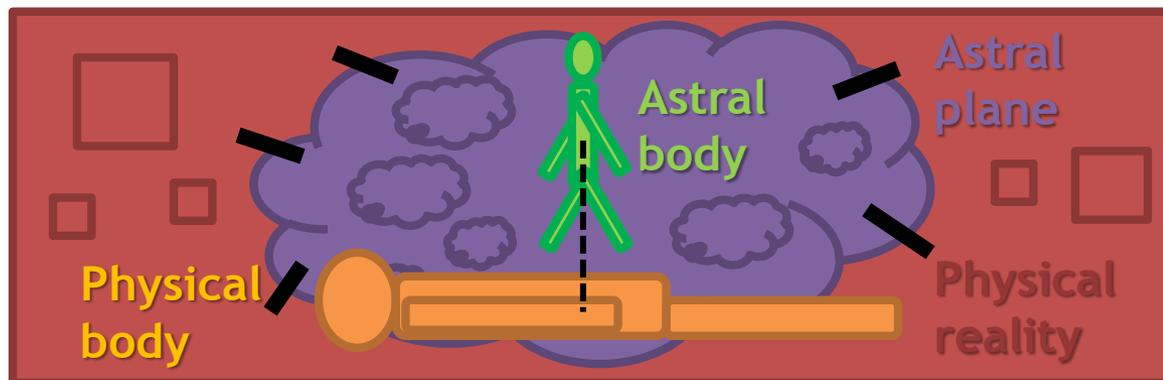
- ◎ Brain-computer interface is done by decoding brain generated neural signal into digital signal that controls electrical device
- ◎ Dream happens when a person falls asleep and the brain is disconnected from body senses. However, the brain remains active as detected in rapid eye movement sleep
 - Since brain generated neural signal can be decoded, it will not be impossible to decode the dream too since it still involves with electricity

ASTRAL BODY AND ASTRAL PLANE

- The dream experience is widely described as out-of-body experience (OBE)
 - as when a person dreams, is venturing into “astral plane” with an “astral body”
- In dream, we experience the nearly identical senses just as in our physical reality
 - In physical reality, our body senses, produces signal and sends to brain
 - In dream, since our brain is disconnected from body, so where are the sense comes from?
 - 1) If it is the brain itself produces the sensory neural signal, why can't we do it intentionally when awake?
 - 2) If sensory neural signal can be any kind of electricity, why not from non-neural electricity such as static charge?
 - This postulates the sensory neural signal that happens in dream might be due to other type of electricity

ASTRAL BODY AND ASTRAL PLANE

- However, OBE in dream is not likely OB-ed
 - We always been waked up by physical interference without any delay of “going back” to physical body from dreaming
- Yet, if astral body exists, both OBE and brain activity must have happened simultaneously
 - **Astral body** experiences “sensory neural signal” from **astral plane**
 - **Brain** interacts with the “sensory neural signal” due to the **astral body** and **astral plane**
 - The **astral plane** is formed from electricity of **physical reality**
 - The **astral body** is formed from electricity of **physical body**



Interconnections
of electricity of
physical reality
and astral plane

ASTRAL BODY AND ASTRAL PLANE

- ◉ Dream is understood as and limited to psychology since the current technology is only able to detect brain activity
 - Which later on the psychology due to dream influences our biological system only after awake
- ◉ Theory of astral body assumes that the astral plane exists simultaneously and parallel with physical reality
 - The psychology due to dream influences our biological system directly when dreaming without any delay

ASTRAL BODY AND ASTRAL PLANE

- ⦿ Electricity exists in every matter in physical reality, as physical reality connects with astral plane through electricity, astral plane connects with every matter as well
 - and every matter have its own astral aspect (energy) too
- ⦿ This would also mean that the manipulation over matter influences astral plane as well
 - However, since astral plane is non-physical, thus the manipulation is done on the astral aspect of the matter

ASTRAL ENERGY

- ◉ There are two types of electricity related to neural signal: Sensory and control
 - Electricity, when passes through brain, is understood as body sense. However, the brain has to focus on what to be sensed because the body senses everything at once
 - Later, the brain generates electricity to manipulate what is to be sensed with the body. It has to think before executes the manipulation
- ◉ This derives the astral aspect of every matter as the desires on what to be sensed and controlled, or the “psychology” of matter
 - which forms the astral body and plane
 - which closely resembles [pantheism](#)

ASTRAL ENERGY

- ◉ If the sense and control on astral plane are generated separately as energy clusters, when a person encounters the clusters, will experience the related sensual stimuli and control behavior in dream
- ◉ It would be hallucination and seizure when awake since brain is connected to body here
 - In other words, astral energy manipulates people through hallucination and seizure when awake
 - ◉ Or psychology of a person

ASTRAL DYNAMICS: THOUGHT AND EMOTION

- ◉ 1) The brain has to focus in order to pick up a sense
- ◉ 2) The brain has to think before sending a control
 - The brain has to have intelligent to control
- ◉ 1) The body needs command to move and feel
- ◉ 2) The body has to be comfortable in order to feel
 - The body has its own intelligent to sense
- ◉ The intelligent to control of the brain is “thought”
- ◉ The intelligent to sense of the body is “emotion”
 - Unlike hallucination and seizure, thought and emotion is the intellectual part of brain and body, which sum up as psychology (psychology can influence biology)

ASTRAL DYNAMICS: FOCUS AND REACTION

- Thought and emotion react with astral energy via focus on matter
 - Without focusing onto a matter, the thought and emotion will still react with astral energy but have no influence over the matter
- When multiple thoughts and emotions are focused on a matter, they overlap and react
 - The astral energy of matter is overwritten or separated by the most or the last focused thought and emotion
 - If continuously overlapping and reacting, the thoughts and emotions become indistinguishable and not functional on the (astral energy of) matter

ASTRAL DYNAMICS: INTELLIGENT AND EXPERIENCE

- ◎ Thought and emotion are limited to the intelligent of brain and body
 - The brain is unable to imagine and control what it has not been sensed (from body) before
 - The body is unable to follow and act to what it has not commanded (by brain) before
 - Misinterpret astral energy as hallucination and seizure
- ◎ Intelligent expands with experience
 - New sensory stimuli and control behavior integrate with astral energy and astral body
 - Yet confuse as hallucination and seizure too

ASTRAL DYNAMICS: ASTRAL PROGRAMMING

- With the thought and emotion, the manipulation of astral energy becomes subtle without the need of the sensory stimuli and control behavior
 - To overwrite and change the intelligent of control and sense
 - Causes brain to pick up sense and send control differently
 - Causes body to receive command and sense differently
 - Manipulates the astral reaction and experience
 - Manipulates psychology of a person
 - Drives the astral energy into different direction

ASTRAL DYNAMICS: ASTRAL ENTITY AND ANIMISM

- Although every matter has its own astral aspect, but matter and astral can work in parallel
 - Physical being that separates its astral body while works in physical reality when “awake”
 - Astral entity that detaches its physical matter while works on astral plane when “asleep”
 - The physical matter that the astral entity attaches to can be an inanimate physical matter ([animism](#))
- Unlike astral programming that manipulates astral energy to influence physical reality or psychology of people, animism works in parallel
 - No energy interchanges between physical and astral or both happens simultaneously

ASTRAL DYNAMICS: CONTROL FEEDBACK

- 1) What appears as pleasant may or may not be pleasant after a while, same goes to the unpleasant one
- 2) Our body senses everything all at once, it is just we mentally focus on what we feels pleasant and ignore the unpleasant one
 - These deduce the astral dynamics of control as:

| Sense | Effect sensed | Control |
|------------|---------------|---------|
| Pleasant | Pleasant | Focus |
| Unpleasant | Pleasant | Focus |
| Pleasant | Unpleasant | Ignore |
| Unpleasant | Unpleasant | Ignore |

ASTRAL DYNAMICS: SENSORY FEEDBACK

- ⦿ 1) Not every control is maintainable, and some occurrence remains even it gets ignored
- ⦿ 2) Our senses can only tell a difference by sensing a change, else, the sense is continuous
 - These deduce the astral dynamics of sense as:

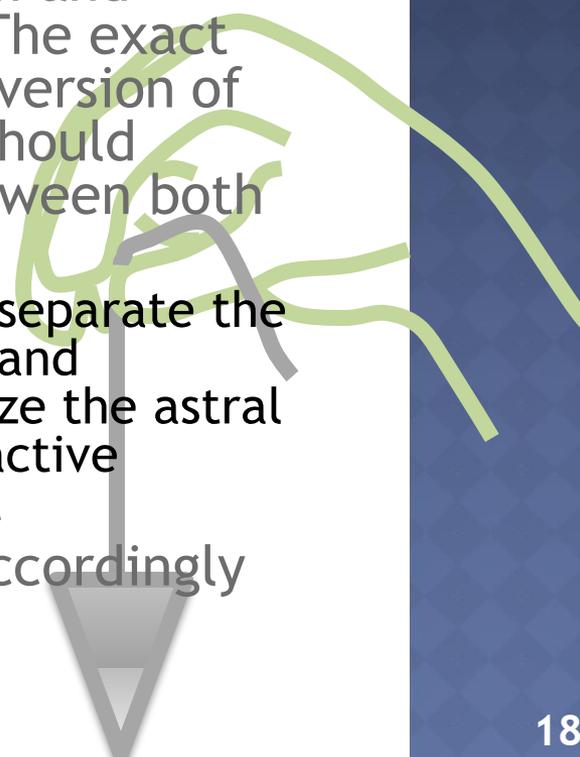
| Control | Control effect | Sense |
|---------|----------------|------------|
| Focus | Remain | Continuous |
| Ignore | Absent | Continuous |
| Focus | Absent | Fluctuate |
| Ignore | Remain | Fluctuate |

ASTRAL TRAVEL (LUCID DREAMING)

- ◉ Astral travel happens when one detaches matter and works in astral plane in sleep, with astral body that carries the thought and emotion
 - Astral plane reflects the sensory stimuli and control behavior of the physical reality
 - ◉ and are understood and manipulated by the thought and emotion of astral body
 - Reaction and experience from astral plane influence the biological body through astral body

MENTAL FOCUS ON PENDULUM: SPONTANEOUS MOVEMENT

- One of the easiest way to understand mental focus is by pendulum ([dowsing](#)), where mental focus (thoughtless and emotionless) can induce movement on a pendulum
 - Pure mental focus focuses on the pendulum and causes the pendulum to move irregularly. The exact mechanism is still unknown, possibly a conversion of astral energy to physical movement. This should involves of interaction of astral energy between both pendulum and dowser too
 - Pure mental focus may possibly overwrite or separate the thought and emotion with plain (thoughtless and emotionless) sense and control, which stabilize the astral energy, or to convert the overlapping and reactive thought and emotion into physical movement
 - In case of dowsing, the pendulum moves accordingly to the dowser's thought and emotion

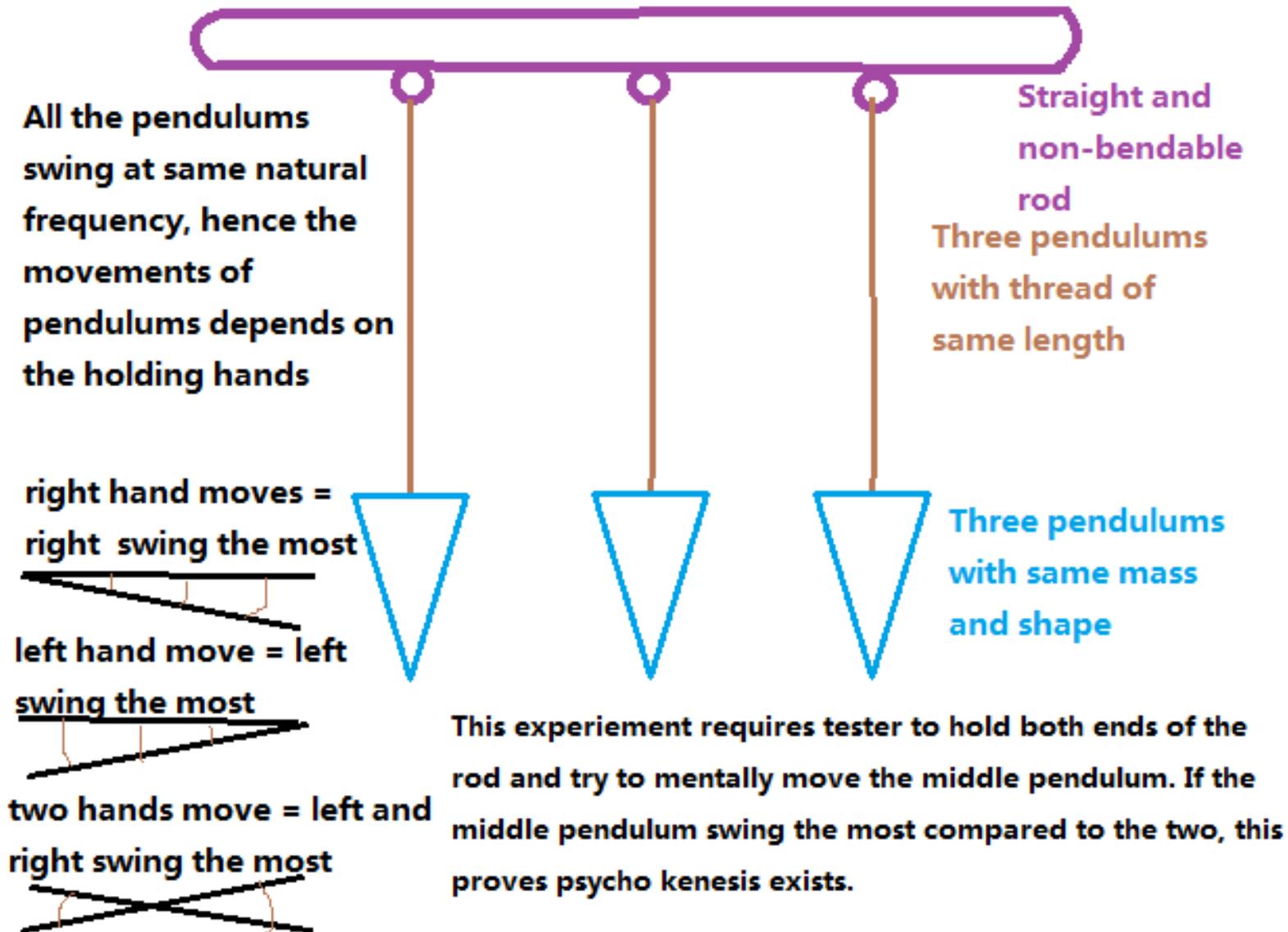


MENTAL FOCUS ON PENDULUM: PSYCHOKINESIS

- Another way to understand mental focus is psychokinesis with pendulum, which is to move a pendulum with mind
 - Similar to pure mental focus, psychokinesis involves of focusing on the pendulum, conversion of astral energy to physical movement; however, it forces the pendulum in desired direction
 - For the interaction of astral energy, psychokinesis is be considered as thoughtless and emotionless too because involves no intelligent. Maybe it transfers the plain (thoughtless and emotionless) control and sense to one another
 - Psychokinesis is not real? Try the experiment on the next page



How to determine if psychokinesis is real



MENTAL FOCUS AND MEDITATION: SPONTANEOUS BODY MOVEMENT

- Spontaneous movement as in pendulum can work on ourselves (our body) too
 - It requires a mental focal point, but since the brain can focus anywhere, it has no physical focal point. Thus the mental focal point would be a plain (thoughtless and emotionless) control and sense. It is similar to focusing on a pendulum, but on the thoughtless and emotionless of ourselves
 - Theoretically, this overwrites or separates our thought and emotion with plain (thoughtless and emotionless) sense and control, which stabilize our astral energy
 - This actually causes both the physical and astral bodies to interact
 - It is also possible with thought and emotion, which is actually the [applied kinesiology](#)
- Possibly a standing meditation

MENTAL FOCUS AND MEDITATION: SPONTANEOUS MENTAL MOVEMENT

- Psychokinesis as in pendulum can be applied to ourselves too
 - However, it is not to move our body. Psychokinesis may transfer astral energy through mental focus and therefore to our mind as well. This means we are trying to be a receiver of the plain (thoughtless and emotionless) control and sense, or literally, a moving mental focus we perceive in our mind
 - If with thoughtless and emotionless, it induces astral travel (theoretically) because we are not trying to move our physical body here
 - If with thought and emotion, it can function as mental dowsing (Similar to applied kinesiology but without the need of body movement + similar to dowsing but the communication happens within our mind)
- Possibly a sleeping meditation

MENTAL FOCUS AND MEDITATION: COLORLESS LIGHT AND VIBRATE-LESS SOUND

- There are two types of plain (thoughtless and emotionless) mental focuses
 - As in spontaneous body movement, the plain mental focus is static (fixated mental focus)
 - As in spontaneous mental movement, the plain mental focus is dynamic (moving mental focus)
- When the two plain mental focuses combine, they create colorless light and vibrate-less sound
 - Colorless light: Multiple mental focus points or geometrical mental focuses or both that appear simultaneously in mind
 - Vibrate-less sound: Multiple moving mental focuses or collisions or both that appear simultaneously in mind
 - Both are not physical but plain control and sense as understood in mind. The effect of these are unknown, but since they are structured, possibly the fundamental structures of astral plane
- Possibly for sitting mediation

MENTAL FOCUS AND MEDITATION: INTELLECTUAL LIGHT AND SOUND

- With thought and emotion (intelligent of brain and body), the mental focus can induce light and sound in our mind
 - Unlike colorless light and vibrate-less sound, intellectual light and sound is similar to actual physical sighting and hearing, which is considered as self-induced hallucination
- Intellectual light and sound are widely used in (guided) astral travel, (guided) meditation, channelling and many other spiritual works
 - In term of astral dynamics, this overwrites or separates astral energy with thought and emotion

~THE END~
THANK YOU FOR READING